

Curriculum Vitae

Rudy Wietfeldt

Residence: Toronto, Ontario & San Diego, California

E-mail: rudyp@happysolutions.net

Tel: 858-349-4327 or 1-866-971-7323

Fax: 1-866-900-9897

Web: www.happysolutions.net

www.thecoreofhappiness.info

www.skypotherapy.net

Education

Sept 2011 - : Doctorate in Psychology, Alliant International University,
San Diego, CA

Sept 1996-May 1998: MEd, (Counselling Psychology Specialist),
Ontario Institute for Studies in Education,
University of Toronto

Sept 1993-June 1995: EMCA, Humber College of Applied Arts
And Technology (Paramedic certification)

Sept 1986-June 1992: BA, (Philosophy/Bioethics/Physiology majors),
University of Toronto

Employment History

Apr 2010-Present: Co-founder, Be Happy For Life! LLC

Apr 2010-Present: National Health and Happiness Examiner, Canada
Examiner.com

Oct 2008-Present: Co-founder and President, The MindCare Group, Inc.
(Building Computerized Cognitive Behavioural
Therapy Apps/Modules for web, pc, and mobile platforms)

May 1998-Present: Private practice, psychotherapy (HappySolutions.net;
SkypoTherapy.net)

May 1989-Present: Psychology Clinician, Dept. of Emergency
Psychiatry, The University Health Network,
Toronto Western Hospital

Apr 1993-Sep 1996: Medical Ethics Consultant; Markham Stouffville Hospital

Curriculum Vitae

-2-

Rudy Wietfeldt

Presentations

Extensive list of talks, seminars and presentations (on Mental Health Issues, Psychotherapy, The Psychology of Marketing, Computerized Cognitive Behavioural Therapy, Happiness, etc.) to Insurance Companies, Corporations, Schools (from elementary to College), non-profits and various organizations.

Publications

2010: "The Core of Happiness." Renaissance Publishing, Toronto. (See www.TheCoreOfHappiness.Info for more details.)

Mar 1990: "The Ethics of Using Meroanencephalics as Organ Donors." *Akademia*, 1(1), 1-2.

Projects

December 2008- Present: Co-authoring two books on Pain Management with Dr. Barry Mitchell, pain specialist

January 2005- Present: Clerk Crisis Clinic; visiting lecturer, University Health Network, University of Toronto

June 1999: "Urgent Care Clinic", a patient/staff information pamphlet, University Health Network

May 1995: Development of an Emergency Psychiatry Assessment Form, Markham Stouffville Hospital, Department of Emergency Medicine

Curriculum Vitae

-3-

Rudy Wietfeldt

Research

Nov 2000-2002: "Using Narrative Therapy in Acute Psychiatric Settings: A Pilot Study". Urgent Care Clinic, Department of Psychiatry, University Health Network

Professional Organizations

Perinatal Bereavement Services Ontario, Board Member --January 2002-2005
Yellowjackets Global, Inc., Board Member – 2009-2010
Member, Ontario Society of Psychotherapists,
Member, The College of Psychotherapists and Registered Mental Health Professionals.